

## LA ROCHE UNIVERSITY STUDENT EMAIL

A student email account is assigned to every La Roche University student. This email account is the University's official method of communication.

Students should check their email daily and use it to communicate questions, concerns, or requests to faculty and staff.

Access at [laroche.edu](http://laroche.edu) by selecting Student Email under Quick Links in the footer.

## CANVAS

Canvas is an online learning management system, serving as the primary landing page for La Roche University courses. All courses have a presence on Canvas.

Check Canvas on a regular basis for announcements, assignments, and other items posted by faculty members.

For online courses, check Canvas at least three times a week. Explore the Canvas student orientation at [laroche.instructure.com/courses/11](http://laroche.instructure.com/courses/11).

Log in using your La Roche network credentials.

Access at [laroche.instructure.com](http://laroche.instructure.com).

## MY.LAROCHE

My.LaRoche is La Roche University's student portal. Using your La Roche network credentials to log in, you can view your semester grades, register for classes, pay your bill, and more!

Access at [my.laroche.edu](http://my.laroche.edu).

## LA ROCHE UNIVERSITY INTRANET

The Intranet hosts a majority of the University's online forms and resources. Log in using your La Roche network credentials.

Access at [intranet.laroche.edu](http://intranet.laroche.edu).

## STUDENT HELP DESK

For technical assistance please email the Student Help Desk at [studenthelpdesk@laroche.edu](mailto:studenthelpdesk@laroche.edu).



## WHERE DO I GO TO...

View my midterm and final grades?	my.laroche.edu
Register for courses?	
Pay my bill?	
Locate my advising worksheet?	
Search course catalog/schedule?	
Complete online forms?	intranet.laroche.edu
Request a tutor?	
Find additional IT resources?	
Submit online assignments?	Canvas
Access the Academic Support Kiosk (ASK)?	
Review my syllabus?	
Stay informed about campus announcements and events?	Official La Roche University Email
Communicate with faculty and staff?	